

CAPABILITY STATEMENT

Brightly Awake

**Helping Professionals
Redefine Work through Wellness.**

Point of Contact

Dr. Lorneka Joseph
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UEI - G5BVVJXD9G88

CAGE CODE - 190C6

NAICS - 611430 | 541618 | 541611

Woman-Owned Small Business
Licensed Pharmacist + Vaccine Immunizer
Certified Integrative Coach | Patient Counselor

Our team delivers programs and trainings for employees led by a licensed pharmacist.

CORE COMPETENCIES:

Burnout
Mental Health Demystified
Navigating Transition

Why Choose Us



Data driven with Integrated Expertise

Led by a pharmacist with experience in mental health and emotional intelligence, our clients receive solutions that shifts their well-being.



Time and Energy Efficient

We are committed to providing solutions that will help create a better tomorrow for everyone.



Increased People Engagement

Shifting team engagement increases productivity, and reduces turn over for everyone being served. Served over 5000 professionals.



Our Services

Professional Development

- Coaching (Group + One-on-One)
- Wellness Approved Assessments
- Mindset + Leadership Tanks
- Consulting Service Hours

Speaking & Presentations

- Keynotes | Panels | Seminars
- Conferences | Virtual | Retreats
- Planning Consultations
- Audience Survey Engagement

Build-A-Workshop

- Group Presentations
- Engaging + Interactive Activities
- Custom Takeaways + Deliverables

PAST PERFORMANCES

GOVERNMENT & INSTITUTIONAL

- University of California, Berkeley - Employee conference
- Florida A&M University - Delivered a keynote for student orientation
- Orange County Head Start - Facilitated an 8-hour workshop for teachers
- Miami Dade College - North Campus Annual Award Ceremony
- Tallahassee Department of Health - HIV/Women's Day Keynote
- Arkansas State University - S.T.E.M student workshop
- Bahamas Youth Empowerment Program - Keynote for career day

**GOVERNMENT EMPLOYEE WORKSHOP**

CORPORATE & COMMUNITY

- Orlando Bar Association - Wellness lunch and learn for attorneys
- Hogan Lovells - Law firm summer associates' workshop
- Citi Bank - Completed a presentation on Stress and Self Care
- Creating Smiles Dental - Employee workshop in Atlanta
- Wedding Pro - Mental health workshop for wedding entrepreneurs
- Community Family Services - Keynote speech to 1000 employees
- SLS Baha Mar Hotel - Facilitated a two-day Employee Workshop
- Antioch Baptist Church - Youth and wellness workshops
- Miss Bahamas Universe - Personal development sessions
- Coterie Retreat - Keynote speech on stress in Cayman Islands

**WOMEN IN BANKING STRESS MANAGEMENT RETREAT**

RECOGNITIONS

- **Forbes Magazine** - Featured interview for work in mental health
- **Essence Magazine** - Featured interview on personal relationships
- **Bank of America** - Women's Entrepreneurship Certificate
- **National Science Foundation** - Award Winner
- **Miami Dade College** - Alumni Hall of Fame Inductee

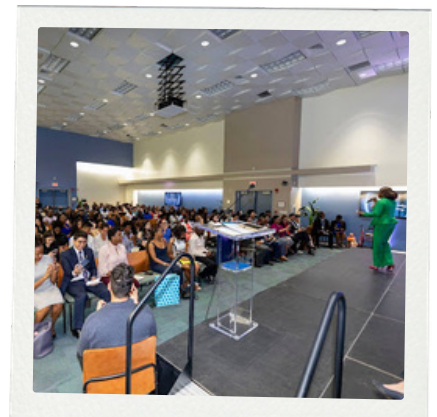
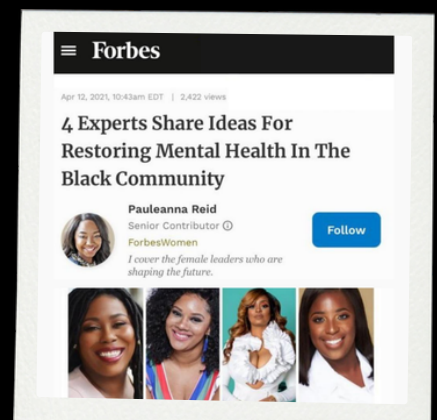
CLIENTS' RAVING REVIEWS

"Watching our Head Start team become galvanized by her words is a testament to how connected we are as a team." - **Sandra R, Orange County Fiscal Manager**

We received positive after hiring Brightly Awake for our Citi Bank stress presentation. " - **Andrea M, Citi Bank**

We hired Dr. Lorneka for our Leadership Institute training and she did an excellent job. She has a gift for simplifying health. Due to the great feedback, we hired her again." - **Sonya H, Head Start Director**

While at SLS Baha Mar, it was a pleasure hiring Dr. Lorneka to craft our hotel employee sessions." - **Simmone B, Human Resources Director**

**KEYNOTE SCIENCE CEREMONY****[CLICK TO READ FORBES INTERVIEW](#)**