

# Dr. Lorneka

*Mindset & Wellness Coach & Transformational Speaker.*



**Dr. Lorneka Joseph**, a native of The Bahamas, is an **award-winning pharmacist, speaker and wellness coach** who helps high achievers redefine their work and wellness.

This Forbes and Essence Magazine feature is also an inductee in **Miami Dade College's Hall of Fame** for her impact.

Her academic journey started at University of The Bahamas, where she transferred and graduated from Florida A & M University with her Doctorate degree in Pharmacy with a minor in journalism and communications.

Additionally, Dr. Lorneka was recognized by **actress Taraji Henson's foundation** for her work in mental health and wellness.

Founder of Brightly Awake, a professional service company, her client roster includes **Women of Walgreens, Citi Bank, Hogan law firm, Head Start, University of West Georgia, Baha Mar hotel, Miami Dade College, Orlando Bar Association and more.**

Her services and speaking topics include personal development, leadership, mental health, student success and empowerment. Her faith in God makes this journey bright and bold.

Dr. Lorneka witnessed loved ones working to the point of burnout. Recognizing the need for unorthodox healing to break generational poverty and patterns, she is making a difference.

When hard work and stress sends you to the emergency room with an anxiety attack masked as back pain, it's time for change. Dr. Lorneka is releasing her second book *Working Well* soon.

This curry-chicken lover and mental health advocate is also certified as an HIV/AIDs tester and counselor where she served, underserved groups in **Haiti, The Bahamas and the United States.**

Featured in **Miami Herald, Comcast/Xfinity TV, Eye Witness News** and **Voyage magazine**, she's disrupting the norm. She enjoys time with loved ones and binge watching Seinfeld, The Cosbys and Golden Girls. She also enjoys serving at her church, Deeper Fellowship in Florida.

Connect with her by visiting [www.drloaneka.co](http://www.drloaneka.co) or @drloaneka on LinkedIn and Instagram.